
DR. SHUBHRA CHOWDHRY

LUCKNOW, INDIA-226016

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PROFESSIONAL SUMMARY

- Dedicated, resourceful and goal-driven professional educator with a solid commitment to the social and academic growth and development of every student.
- An accommodating and versatile individual with the talent to develop inspiring hands-on lessons that will capture the imagination of students and breed success.

SKILLS

- Written, verbal and nonverbal communication.
- Active listening.
- Patience.
- Empathy
- Leadership
- Teamwork

WORK HISTORY

- Demonstrator at **King George's Medical University (K.G.M.U)**, Lucknow from August 2019 to November 2021.
Involved in:
Taking theory lectures of M.B.B.S, B.D.S, M.Sc. Nursing, B.Sc. Nursing
Managing M.B.B.S labs.
Taking M.B.B.S and B.D.S. practicals
Taking small group teaching of medical students
Facilitated Self directed learning classes
- Demonstrator at **Career Post Graduate Institute of Medical Sciences**, Lucknow from October 2018 to July 2019.
Involved in:
M.B.B.S Theory lectures
B.D.S. Theory lectures
M.B.B.S and B.D.S. Practical
- Dental Surgeon at **Just Smile Dental Clinic**. Lucknow from April 2013 to August 2018.
- Involved in:

Communicated one-on-one with patients during consultative appointments to explain treatment plan and educate on upcoming procedures.

Reviewed patient health history and performed checkups to assess current issues.

Created individualized treatment plans to maintain or restore oral health of patients.

Performed root canal procedures to treat nerve and dental pulp issues and prevent further damage to teeth and gums.

EDUCATION SUMMARY

- Ph.D in Medical Biochemistry from Integral Institute of Medical Sciences & Research, Integral University, Lucknow completed in 2023.
- M.Sc. in Medical Biochemistry from Integral Institute of Medical Sciences & Research, Integral University, Lucknow completed in September 2018.
- B.D.S. from Career Institute of Dental Sciences, Lucknow completed in 2014.
- Intermediate from Seth M. R. Jaipuria School, Lucknow. Passed in 2006.
- High school from Seth M. R. Jaipuria School, Lucknow. Passed in 2004.

CERTIFICATIONS

- Awarded “Certificate of Merit” as well as a SILVER Medal for securing Second position in Post Graduation.
- Obtained “First Division with Honours” in Post Graduation.
- Participated in National Symposium: “Changing Trends in Medical Biochemistry in The New Millenium” organized by Department of Biochemistry, K.G.M.U., Lucknow on 4th February 2017, and received a Certificate of Appreciation.
- Awarded “Certificate Of Participation” for participating in the International Seminar on “Advancements in Biotechnology: Current

and Future Perspectives” organized by the Department Of Bioengineering And Biosciences Integral Universty, Lucknow on 25th November, 2017.

- Participated in ACBICON 2017 The 44th National Conference Of Association Of Clinical Biochemists Of INDIA, held on 3rd -6th December, 2017 at Scientific Convention Centre, K.G.M.U., Lucknow.
- Awarded “Certificate of participation ” for participating in Central Zone IABSCON 2019: “Recent Trends In Biomedical Research : Advances and Challenges” organized by Department of Biochemistry ,KGMU, Lucknow Under the aegis of: Indian Academy of Biomedical Sciences (IABS) on 2nd &3rd February, 2019.
- Awarded a “Certificate of Participation” for presenting a Poster on “A study of Lipid Profile and Serum Uric Acid in Smokers and Nonsmokers” in IABSCON 2019.
- Awarded a “Certificate of Participation” for presenting a Poster on “Association of TCF7L2 gene polymorphism in Type 2 Diabetes Mellitus” in 1st International conference on “Newer trends of biochemistry in ongoing medical sciences” ACBICON , Chapter – Pratapgarh held on 24th – 25th September 2022 at Dept. of Biochemistry, Dr. Sone Lal Patel Autonomous State Medical College, Pratapgarh.

PUBLICATIONS

- Shubhra Chowdhry,Roshan Alam, Saba Khan, Jyoti Verma. A study of lipid profile and serum uric acid levels in smokers and nonsmokers. Oct 2019; *Biochemical and cellular Archives*. 19 (2).

- Shubhra Chowdhry, Gyanendra Kumar Sonkar, Roshan Alam, S.K.Sonkar, Ausaf Ahmad, Saba Khan*. TCF7L2 Gene Polymorphism as A Key Risk In Type 2 Diabetes Mellitus Patients In North Indian Population. *European chemical Bulletin*.2023; 12(4): 14198-14209
- Shubhra Chowdhry, Gyanendra Kumar Sonkar, Roshan Alam, Satyendra Kumar Sonkar, Mohd. Mustufa Khan, Saba Khan*. TCF7L2 rs12255372 (G/T) Emergence As A Prospective Gene For Type 2 Diabetes Mellitus Predisposition. *International Journal Of Chemical And Biochemical Sciences*. 2023; 2023(1);61-68
- Shubhra Chowdhry, G.K. Sonkar, Priyanka Thapa Manger, M.M.Khan, Roshan Alam, Saba Khan. To unravel the role of TCF7L2 (Transcription Factor 7 like 2) variants in type 2 diabetes mellitus. *Biomedicine*. 2023; 43(2):535-540

PERSONAL INFORMATION

- D.O.B: 16/09/1987
- Marital status: Married

Shubhra Chowdhry